

# Study Guide

Sunday March 14, 2021

“Fullness of Joy”

## 1. Galatians 5:22-23

*But the fruit of the Spirit is love, **joy**, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law.*

## John 16:19-24

*So with you: Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your **joy**. In that day you will no longer ask me anything. Very truly I tell you, my Father will give you whatever you ask in my name. Until now you have not asked for anything in my name. Ask and you will receive, and your **joy** will be complete.*

## 2. Points to Remember

- A. Some joys only get sweeter the longer we have to wait for them.
- B. Joy is not instead of sad feelings, it is in spite of them.
- C. Earthly joy may come and go, but spiritual joy is here to stay.
- D. Our greatest joy will come when we are reunited together again.
- E. There is no greater joy than when we are in the presence of the Lord.
- F. The overflow of His Joy is so we can share it with someone else.

## 3. Bible Verses

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|--------------------|---|
| Ecclesiastes 3:1-5 | A time to weep and a time to laugh              |
| 2 Corinthians 6:10 | Sorrowful, yet always rejoicing                 |
| Isaiah 51:11       | Everlasting joy shall be upon their head        |
| Hebrews 12:2       | For the joy set before him he endured the cross |
| Psalms 16:10-11    | In Your presence is fullness of joy             |
| Romans 15:13       | May the God of hope fill you with all joy       |

## 4. Discussion Questions

- A. Why do some Christians have a hard time talking about mental health?
- B. Who are you looking forward to seeing again when we get to heaven?
- C. When is the last time you brought joy into someone else's life?